

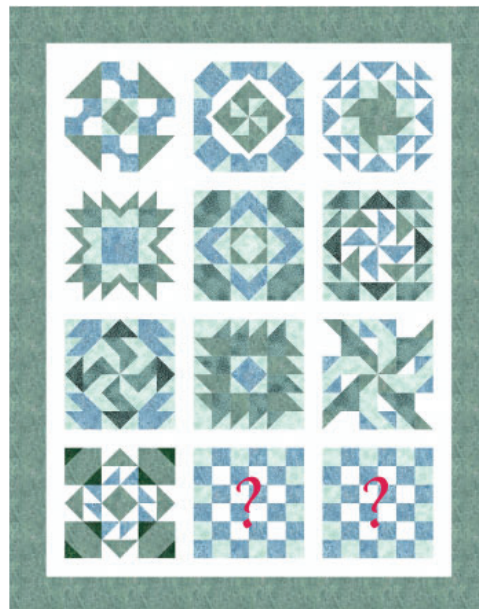
**Six-Patch Qube Workout Sampler  
Block 10 Spin Class  
for the  
Mix & Match and Angles Companion and  
Corners Companion Qubes**



Six Patch Sampler Qube Workout  
for Mix & Match Qube



Six Patch Sampler Qube Workout  
for Mix & Match+Angles Qube



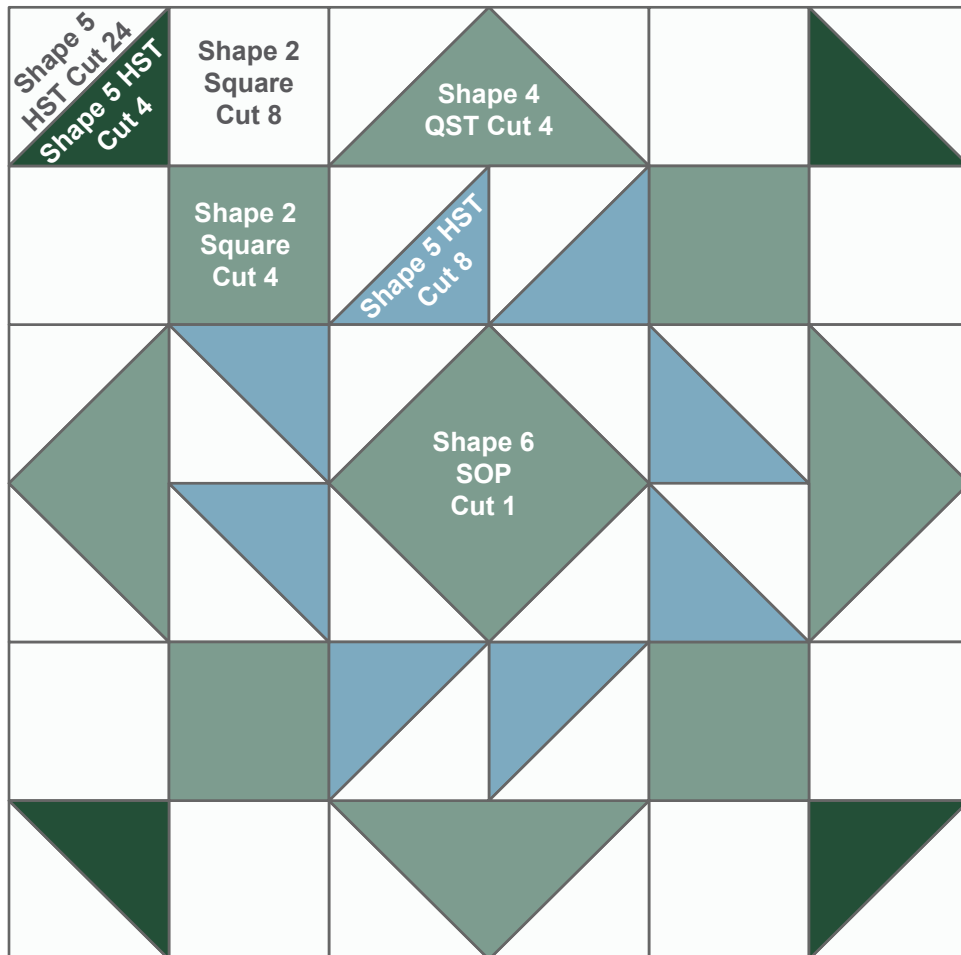
Six Patch Sampler Qube Workout  
for Mix & Match+Corners Qube

# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Qube

### Cutting Instructions



Shape 1 = Square  
 Shape 2 = Square  
 Shape 3 = Half Square Triangle (HST)  
 Shape 4 = Quarter Square Triangle (QST)  
 Shape 5 = HST  
 Shape 6 = Square on Point (SOP)  
 Shape 7 = Parallelogram  
 Shape 8 = Rectangle

Shape 9 = Chisel  
 Shape 10 = Signature Block  
 Shape 11.1 = Bowtie  
 Shape 12.1 = HST for Bowtie  
 Shape 13 = Triangles in Square - Center  
 Shape 14 = Triangles in Square - Sides  
 Shape 15 = Kite - Center  
 Shape 16 = Trapezoid

# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Qube

## Block Assembly Instructions

**HST Subunits:** Stitch a light and a color Shape 5 HST together as shown. Press seams open or to one side. Make 4 HSTs in the color combination for the outer corner HSTs. Make 8 HSTs in the color combination for the inner HSTs that are around the Square on Point.



**Four-Patch Subunits:** Stitch two light Shape 2 Squares, an outer corner HST, and a color Shape 2 Square together as shown. Press seams open or to one side. Make 4 four-patch subunits.



**Flying Geese Subunits:** Stitch one Shape 5 HST and one Shape 4 QST together as shown. Press seam open. Stitch a Shape 5 HST to the other side of the Shape 4 QST as shown. Press seam open or to one side. This completes one Flying Geese subunit. Make 4 Flying Geese subunits.



**Double HST Subunits:** Stitch two inner color combination HSTs together as shown. Press seams open or to one side. Make four double HST subunits.



Stitch Flying Geese subunits and Double HST subunits together as shown. Press seams open or to one side. Make 4 Flying Geese/Double HST subunits.



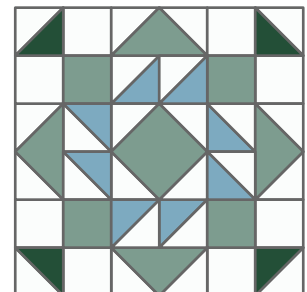
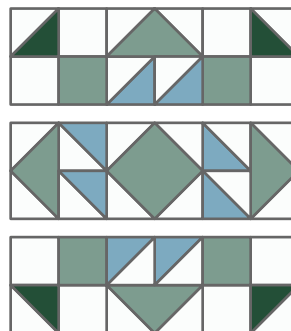
**Assemble Rows 1 and 3 from Subunits:** Arrange and stitch Four Patch and Flying Geese/Double HST subunits as shown to make Rows 1 and 3. Press seams open or to one side.



**Assemble Center Row from Subunits:** Arrange and stitch Flying Geese/Double HST subunits and the SOP subunit as shown to make Row 2. Press seams open or to one side.



**Assemble Block:** Arrange Rows 1, 2, and 3 as shown. Stitch together into a completed block. Press seams open or to one side.

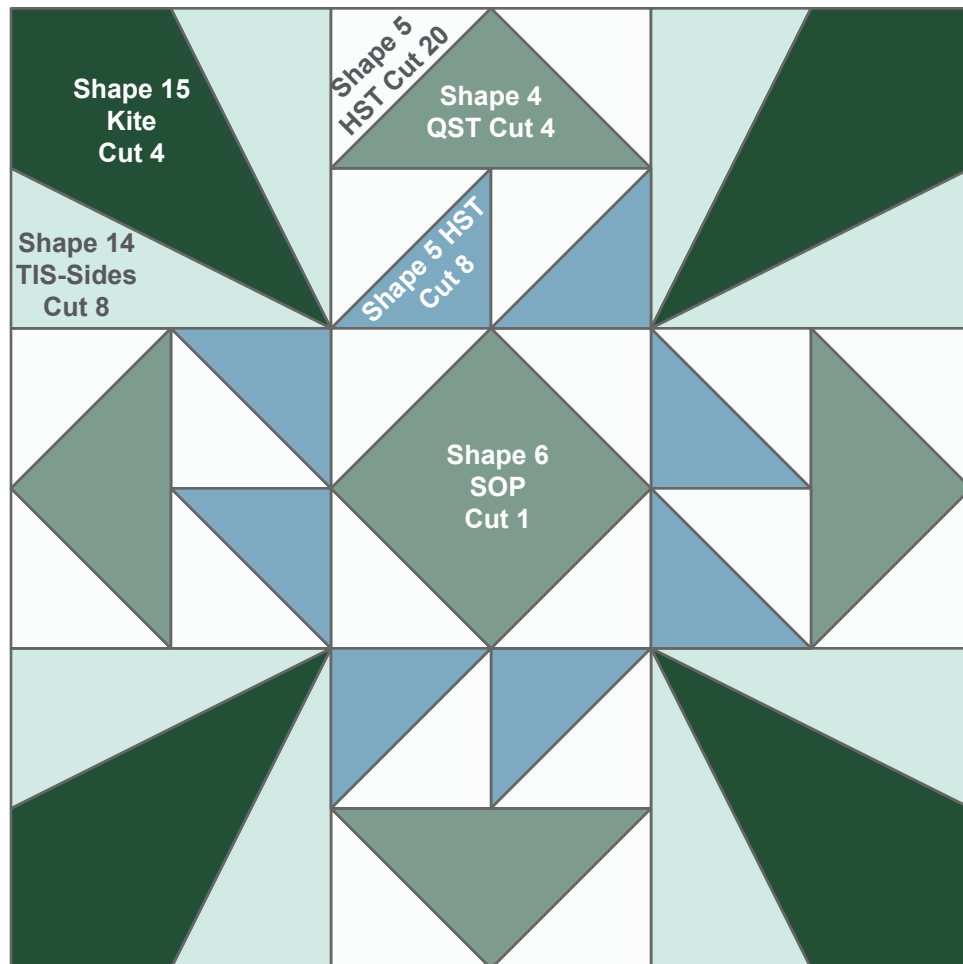


# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Angles Companion Qube

### Cutting Instructions



- |   |   |
|---|---|
| Shape 1 = Square                        | Shape 9 = Chisel                        |
| Shape 2 = Square                        | Shape 10 = Signature Block              |
| Shape 3 = Half Square Triangle (HST)    | Shape 11.1 = Bowtie                     |
| Shape 4 = Quarter Square Triangle (QST) | Shape 12.1 = HST for Bowtie             |
| Shape 5 = HST                           | Shape 13 = Triangles in Square - Center |
| Shape 6 = Square on Point (SOP)         | Shape 14 = Triangles in Square - Sides  |
| Shape 7 = Parallelogram                 | Shape 15 = Kite - Center                |
| Shape 8 = Rectangle                     | Shape 16 = Trapezoid                    |

# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Angles Companion Qube

### Block Assembly Instructions

**HST Subunits:** Stitch a light and a color Shape 5 HST together as shown. Press seams open or to one side. Make 8 HSTs in the color combination for the inner HSTs that are around the Square on Point.



**Double HST Subunits:** Stitch two inner color combination HSTs together as shown. Press seams open or to one side. Make four double HST subunits.



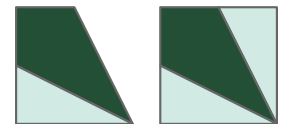
**Flying Geese Subunits:** Stitch one Shape 5 HST and one Shape 4 QST together as shown. Press seam open. Stitch a Shape 5 HST to the other side of the Shape 4 QST as shown. Press seam open or to one side. This completes one Flying Geese subunit. Make 4 Flying Geese subunits.



Stitch Flying Geese subunits and Double HST subunits together as shown. Press seams open or to one side. Make 4 Flying Geese/Double HST subunits.



**Kite Subunits:** Stitch a Shape 14 TIS Side to a Shape 15 Kite as shown. Press seams open or to one side. Stitch a Shape 14 TIS Side to the remaining side of the Shape 15 Kite. Press seam open or to one side. Make 4 Kite subunits.



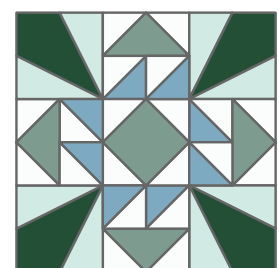
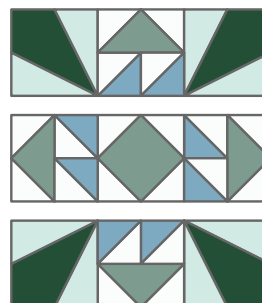
**Assemble Rows 1 and 3 from Subunits:** Arrange and stitch Kite and Flying Geese/Double HST subunits as shown to make Rows 1 and 3. Press seams open or to one side.



**Assemble Center Row from Subunits:** Arrange and stitch Flying Geese/Double HST subunits and the SOP subunit as shown to make Row 2. Press seams open or to one side.



**Assemble Block:** Arrange Rows 1, 2, and 3 as shown. Stitch together into a completed block. Press seams open or to one side.

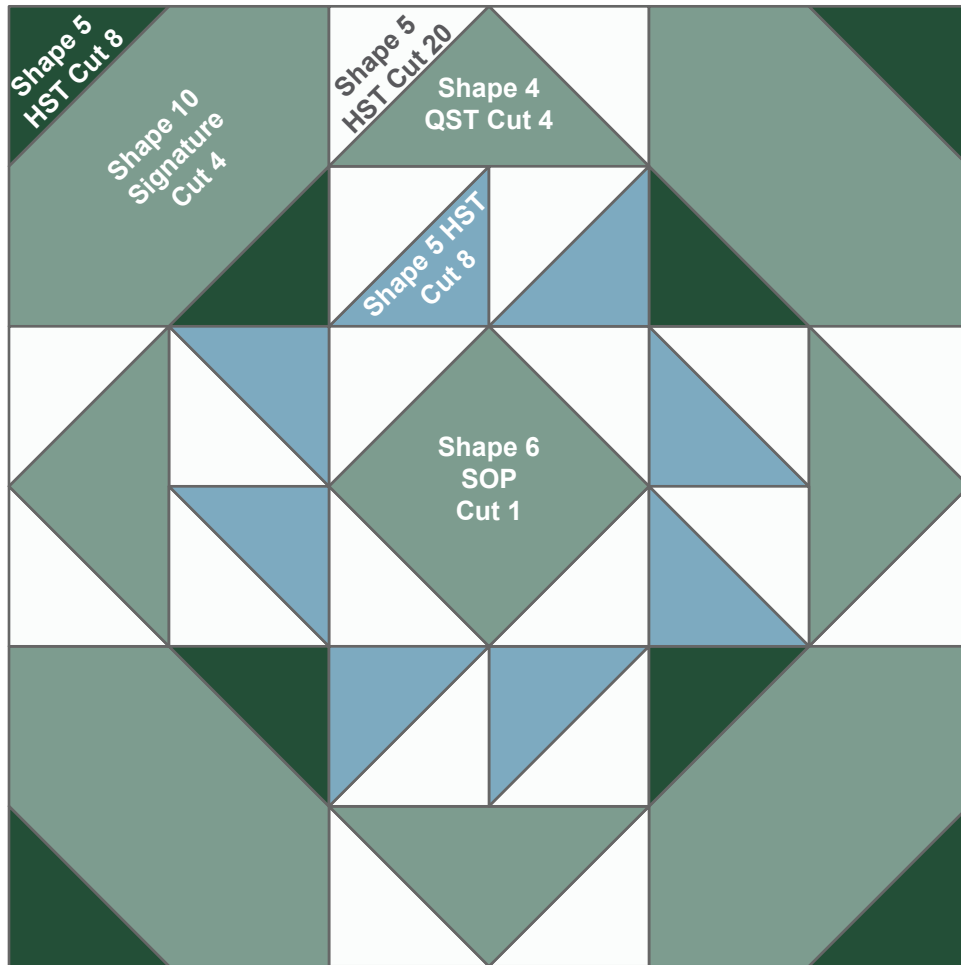


# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Corners Companion Qube

### Cutting Instructions



- |   |   |
|---|---|
| Shape 1 = Square                        | Shape 9 = Chisel                        |
| Shape 2 = Square                        | Shape 10 = Signature Block              |
| Shape 3 = Half Square Triangle (HST)    | Shape 11.1 = Bowtie                     |
| Shape 4 = Quarter Square Triangle (QST) | Shape 12.1 = HST for Bowtie             |
| Shape 5 = HST                           | Shape 13 = Triangles in Square - Center |
| Shape 6 = Square on Point (SOP)         | Shape 14 = Triangles in Square - Sides  |
| Shape 7 = Parallelogram                 | Shape 15 = Kite - Center                |
| Shape 8 = Rectangle                     | Shape 16 = Trapezoid                    |

# Six-Patch Qube Workout Sampler

## Block 10 Spin Class

### Mix & Match Corners Companion Qube

### Block Assembly Instructions

**HST Subunits:** Stitch a light and a color Shape 5 HST together as shown. Press seams open or to one side. Make 8 HSTs in the color combination for the inner HSTs that are around the Square on Point.



**Double HST Subunits:** Stitch two inner color combination HSTs together as shown. Press seams open or to one side. Make four double HST subunits.



**Flying Geese Subunits:** Stitch one Shape 5 HST and one Shape 4 QST together as shown. Press seam open. Stitch a Shape 5 HST to the other side of the Shape 4 QST as shown. Press seam open or to one side. This completes one Flying Geese subunit. Make 4 Flying Geese subunits.



Stitch Flying Geese subunits and Double HST subunits together as shown. Press seams open or to one side. Make 4 Flying Geese/Double HST subunits.



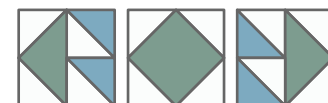
**Signature Subunit:** Stitch a Shape 5 HST to one side of a Shape 10 Signature unit. Press seam open or to one side. Stitch a Shape 5 HST to the remaining side of the Shape 10 Signature unit as shown. Make 4 Signature subunits.



**Assemble Rows 1 and 3 from Subunits:** Arrange and stitch Signature and Flying Geese/Double HST subunits as shown to make Rows 1 and 3. Press seams open or to one side.



**Assemble Center Row from Subunits:** Arrange and stitch Flying Geese/Double HST subunits and the SOP subunit as shown to make Row 2. Press seams open or to one side.



**Assemble Block:** Arrange Rows 1, 2, and 3 as shown. Stitch together into a completed block. Press seams open or to one side.

